

TRUTH OR DARE

Best Truth or Dare Questions

TRUTH

- _____ Who was your first crush?
- _____ Which reality TV show would you agree to be on?
- _____ If you could nominate anyone to be president of the United States, who would you choose?
- _____ Which fictional character would you date in real life?
- _____ Tell us about your biggest fear in life.
- _____ What is your most hated word?
- _____ Which dream vacation is on your bucket list?
- _____ Admit it: What big purchase did you make only to realize it was a huge waste of money?
- _____ What's the nicest thing anyone's ever done for you?
- _____ When is the last time you told a lie and what did you lie about?
- _____ You have to trade lives for one day with one of the people in this room. Who do you choose?
- _____ What do people get wrong about you?
- _____ What is the last account you searched on Instagram?
- _____ Have you ever used (or tried to use) a fake ID?
- _____ What is the weirdest thing you've ever eaten?
- _____ Have you ever re-gifted?
- _____ What are your phobias?

DARE

- _____ For the next five minutes, you can only speak in questions
- _____ Do 50 squats.
- _____ Let someone in the room do your hair however they want.
- _____ Say something true about everyone else in the room.
- _____ Bite into an onion like it's an apple.
- _____ Show the group your screentime report.
- _____ Tell us something secret about someone in the room - but don't tell us who you're talking about.
- _____ Every time you speak for the rest of the game, start by winking at someone.
- _____ You can't talk until your next turn. But you can sing.
- _____ Twerk for a full 60 seconds.
- _____ Read your most recent text message out loud.
- _____ Post a TikTok or Twitter draft.
- _____ Let the group choose three objects for you to try to juggle.
- _____ Eat something without using your hands.

Make Your Own

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Juicy Truth or Dare Questions

TRUTH

- _____ What's the cringiest thing you've ever done to get a partner or crush's attention?
- _____ Have you ever had a holiday romance?
- _____ What is your favorite body part on a partner?
- _____ What is your favorite body part on yourself?
- _____ If you had to pick someone in this room to kiss, who would it be?
- _____ Have you ever done a sexy dance for a partner?
- _____ If you had to choose, which ex would you get back together with?
- _____ What is the best date you've ever gone on?
- _____ Tell us about your best kiss.
- _____ Tell us about your worst kiss.
- _____ Be honest: How would you rate your own looks on a scale from one to ten?
- _____ What kind of underwear are you wearing right now?
- _____ Have you ever been skinny dipping?
- _____ What's something you would do if you knew there were no consequences?
- _____ Have you ever lied in order to skip out on a date?
- _____ Tell us the story behind the pettiest thing you've ever done.
- _____ Would you ever go on a reality TV dating show?
- _____ Have you ever broken the law?
- _____ How many people have you kissed?
- _____ What is your partner's nickname for you?

DARE

- _____ Live stream on any social media platform and say only things the other people in the room tell you to say.
- _____ Post a random ultrasound on social media.
- _____ Show the room your most recent selfie.
- _____ Search for the juiciest thing you can think of and show everyone the results.
- _____ Share a picture of your crush with the group.
- _____ Reply with a heart to the first three Instagram stories on your timeline.
- _____ Come up with a different insult for every other player in the game.
- _____ Tell your ex you miss them.
- _____ Find the last person in your contact list and send them a flirty emoji.
- _____ Show everyone the last TikTok you liked.
- _____ Read the most recent flirty text you sent for the entire group.
- _____ Drop an ice cube in your pants.
- _____ Change your relationship status to "it's complicated."

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Funny Truth or Dare Questions

TRUTH

- _____ What is your stance on the existence of aliens?
- _____ Tell us about the weirdest dream you've ever had.
- _____ What is something you never want your family to find out about you?
- _____ What's the cringiest trend you've ever fallen for?
- _____ What's the craziest thing you ever did as a kid?
- _____ What is the worst meal you ever made?
- _____ What is your worst drunk habit?
- _____ The zombie apocalypse is real and it's happening right now! Who in this room are you choosing as your survival partner?
- _____ Give us your most creative pickup line.
- _____ Tell your drunkenest drunk story.
- _____ How did you practice kissing when you were a kid (admit it, we've all done it)?
- _____ Which character from "The Office" are you most like?
- _____ Have you ever tasted pet food?
- _____ Tell us the story behind your most embarrassing fart.

DARE

- _____ Open TikTok. Attempt the first viral dance you find.
- _____ Eat raw garlic.
- _____ Tell us how you really feel about "50 Shades of Grey."
- _____ Try to breakdance for the next 30 seconds.
- _____ Put on a blindfold. The group will choose one item from the fridge and you have to eat it without seeing it.
- _____ Impersonate another player.
- _____ Take off your socks using only your mouth.
- _____ Start an Instagram Live and act like an influencer with millions of followers for two whole minutes.
- _____ Speak in a British accent for the rest of the game.
- _____ Perform a 60-second pole dance - without any pole.
- _____ Let someone in the room draw a tattoo on you.
- _____ Hit up your mom right now and tell her you've eaten your vegetables.
- _____ Finish whatever drink you have in front of you.
- _____ Smell someone's armpit.

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Serious Truth or Dare Questions

TRUTH

- _____ Have you ever lied about being home just to prevent someone from coming over?
- _____ What do you think of love at first sight?
- _____ What are you most insecure about?
- _____ What was the last thing you had to apologize for?
- _____ Tell us about the best day of your life.
- _____ If you could only listen to one song for the rest of your life, which would you choose?
- _____ Tell us your most controversial political opinion.
- _____ What's something you don't want people knowing about you?
- _____ What is the worst advice you've ever heard?
- _____ Who or what makes you feel jealous?
- _____ Did you ever have an inappropriate work crush?
- _____ Have you ever lied about your age? Why?
- _____ Tell the group about a bad habit you just can't seem to break.
- _____ What was your biggest fear as a child?
- _____ Which social media site are you hopelessly addicted to?
- _____ What is a job you could never do?
- _____ What is your biggest regret?

DARE

- _____ Sing a love song in front of everyone.
- _____ Call up a stranger and tell them a secret.
- _____ Who's your crush? It's time to tell them how you feel.
- _____ You are now every other player's therapist.
- _____ Give them each your best advice.
- _____ Empty your wallet or purse in front of everyone.
- _____ Share a kiss with the person on your right.
- _____ Send another player the most recent selfie you've taken.
- _____ Tell the player to your left the first thing you noticed about them when you met them.
- _____ Write a love letter using exactly twelve words.
- _____ Come up with a genuine compliment for every other player in the game.
- _____ Go through your contacts for the most toxic person in your address book - and block them.
- _____ Send a message to someone you haven't talked to in at least a year.

Make Your Own

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Weird Truth or Dare Questions

TRUTH

- _____ What is the weirdest nickname you've ever had?
- _____ What is the longest you've gone without taking a shower?
- _____ What's a weird food that you can't get enough of?
- _____ Peeing in the shower: Totally fine or totally disgusting?
- _____ What's something you only do when you're alone?
- _____ Tell the group about your weirdest, sincerely held superstitions.
- _____ Who is your go-to person to text when you're on the toilet?
- _____ Time for some brutal honesty: Do you pick your nose?
- _____ You suddenly gain the power of invisibility.
- _____ What is the worst thing you're planning to do with your newfound superpowers?
- _____ What is the weirdest thing in your bag, pockets, or wallet?
- _____ Have you ever peed in a swimming pool?
- _____ Do you have any secret or fake social media accounts that aren't really "you?"

DARE

- _____ Let another player shave some part of your body.
- _____ Break an egg on your head.
- _____ You can only speak in quacking until your next turn.
- _____ Let someone use your Amazon account to order something.
- _____ Give the player sitting across from you a foot massage.
- _____ Perform a belly dance for the group.
- _____ Swap shoes with the person on your right.
- _____ Try to lick your own elbow.
- _____ Give the group your best impression of a baby being born.
- _____ You have 60 seconds to put on as many layers of clothing as possible.
- _____ Try to fit your fist into your mouth.
- _____ Eat a spoonful of salt.
- _____ Bite into a banana with the peel still on it.
- _____ Sit on the floor until your next turn.

Make Your Own

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Truth or Dare Questions for Kids

TRUTH

- _____ Describe your favorite pair of pajamas.
- _____ Who are your favorite people?
- _____ When was the last time you did chores without your parents asking?
- _____ Have you ever pretended to finish your dinner?
- _____ Do you like to sing in the shower?
- _____ How many plushies and stuffed animals do you have?
- _____ What is your favorite animal?
- _____ Which vegetable do you hate?
- _____ Which vegetable do you love?
- _____ Cats or dogs?
- _____ Do you have a secret crush?
- _____ Tell us a made up word.
- _____ Who is your favorite superhero?
- _____ Did a movie ever make you cry?
- _____ What's something you want to get better at?
- _____ What's your favorite subject in school?
- _____ What's your least favorite subject in school?

DARE

- _____ Put on a blindfold and try to draw a cat.
- _____ Do an impression of your favorite teacher at school.
- _____ Eat a whole spoonful of sugar.
- _____ Show the group your silliest face.
- _____ Give another player a hug.
- _____ Tell us your best joke.
- _____ Give us your best lion impression.
- _____ Spin around three times and try to walk in a straight line.
- _____ Eat a cookie with chopsticks.
- _____ Make five laps around the room.
- _____ Walk like an astronaut on the moon.
- _____ Put your shirt on backwards.
- _____ Take a bite from a head of broccoli.

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